



Thank you for booking time with our care team. You're on your way to better healthcare.

Meet Your Doctor

Dr. Toland Ash, MD



About Dr. Ash

Dr. Ash brings over 20 years of clinical experience across family medicine, urgent care, emergency medicine, telemedicine, and skilled nursing settings. Throughout his career, he has focused on delivering high-quality, patient-centered care grounded in evidence-based medicine across diverse patient populations.

At Crosslinks Medical Center and through MDLive, he provides care for both acute and chronic conditions while promoting preventive health strategies and supporting patients across all stages of life.

Call Your Care Team:

800-446-1164

Certifications & Credentials

Board Certified, American Board of Family Medicine (ABFM)

Licensed in 16 U.S. states

Education

 Doctor of Medicine (MD)
Meharry Medical College

 Bachelor of Science in Biology,
Morehouse College

Personal Life

Outside of medicine, Dr. Ash enjoys playing the piano, playing tennis, traveling, and spending time with his four dogs.